

The LIST BUILDING

LEARNING LAB

Kick Start Exercise

WHAT ARE YOUR INTENTIONS FOR THIS COURSE? (FILL IN ONE OR ALL BELOW)

1. During The LBLL I intend...

2. During The LBLL I intend...

3. During The LBLL I intend...

"You can't hit a target you can't see..."

AT THE END OF 3 MONTHS, HOW MANY PEOPLE WOULD YOU IDEALLY LIKE ON YOUR EMAIL SUBSCRIBER LIST?

This means I would ideally be adding _____ new subscribers per month

This means I would ideally be adding _____ new subscribers per week

AT THE END OF 6 MONTHS, HOW MANY PEOPLE WOULD YOU IDEALLY LIKE ON YOUR EMAIL SUBSCRIBER LIST?

This means I would ideally be adding _____ new subscribers per month

This means I would ideally be adding _____ new subscribers per week